

# DEMYSTIFYING THE VOICE



Singing Health Specialist, Dr. Rachael Gates will cover topics from Anatomy through Z-packs in this practical presentation on vocal health. Learn what is actually happening when you "lose your voice", hear vocal myths debunked, explore diet and lifestyle choices to improve performance, understand common voice pathologies, find out about surgical techniques and precautions to take before undergoing general anesthesia, and discover ways to optimize your speaking voice.

**Saturday, February 8**  
**1:00-4:00pm**

Northeastern Illinois University  
Fine Arts Building, Room 144  
5500 N St Louis Ave, Chicago, IL 60625

**The first 20 people registered at the door will be entered in a raffle for three signed copies of Dr. Gates' book, "The Owner's Manual to the Voice: A Guide For Singers and Other Professional Voice Users"**

**Attendance is FREE. Voluntary donations will be taken at the door. FREE parking is available in Lot F only.**