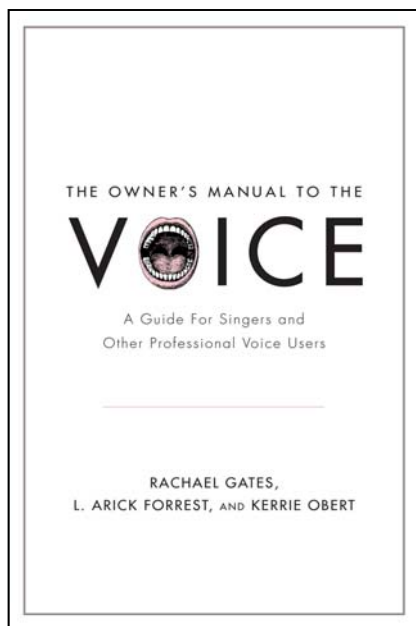


# The Owner's Manual to the Voice

*A Guide for Singers and other Professional Voice Users*

**Rachael Gates, L. Arick Forrest, and Kerrie Obert**

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Singers must equip themselves with enough knowledge to clearly convey specific sensations and difficulties with their instrument. Understanding of potential dangers and disorders, familiarity with a variety of medical procedures, and comprehension in various facets of diagnosis and treatments empower singers to "own," just like other musicians, their instrument. *The Owner's Manual to the Voice* provides singers with the knowledge necessary to communicate effectively and in intelligent terms about their instrument, especially when conversing with medical professionals.

Beginning with an overview of the vocal anatomy, lead author Rachael Gates, and co-authors L. Arick Forrest, and Kerri Obert, proceed through detailed discussions of caring for the voice and common causes of vocal changes and problems before guiding the reader through the process of choosing, talking to, and working with an ENT. They give insights that any professional voice user—whether singer, actor, broadcaster, politician, teacher, preacher, or lawyer—will find helpful if not essential.

## About the Authors

Soprano, Opera Director and Singing Health Specialist, **Rachael Gates, DMA** has sung in Germany, Italy, Russia and many of the United States. She has taught at Northwestern University, The Hartt School of Music, and has guest-directed operas for Yale University. She teaches vocal health to broadcasters, singers, and SLP student clinicians at Michigan State University where she is a member of the MSU Musician's Wellness Team. She holds degrees from Carnegie Mellon University, Cincinnati College-Conservatory of Music, and The Ohio State University where she received her Doctorate of Musical Arts.

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JUNE 2013 | 228p. | PAPERBACK | 978-0-19-996468-0 | ~~\$24.95~~ **\$19.95**

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